

SWALLOWNEST PRIMARY SCHOOL

SEND NEWSLETTER

FEBRUARY 2026

Welcome to our Spring term newsletter! This week we have marked Children's Mental Health Week in school, so we will focus this issue on support for SEMH, or Social, Emotional and Mental Health available to pupils.

As always, any queries or questions related to SEND can always be sent to senco@swn.dsat.education, where Mrs Leivers will be happy to help!

Mrs Leivers and the Swallownest Team

ESSENTIAL FOR SOME, GOOD FOR ALL

Although it seems very early, this month we have started to think about Transition to secondary school for our Y6 pupils. We have been successful in arranging some enhanced support from the Aspire Outreach team. This means that every child in Y6 will participate in a whole class session with a SEMH specialist, while some children will take part in weekly small group sessions ahead of their move to Y7. We're always looking for ways to support our pupils with their next steps!

SCHOOL UPDATES

This term, Mrs Leivers has attended further training on supporting Speech, Language and Communication Needs within school, particularly with our youngest pupils. We have lots of strategies in place to support children who may find communication difficult.

Mrs Leivers and Mr Webb have attended the opening event for the With Me in Mind programme, which will offer advice, guidance and interventions to support children with mental health needs within school.

We are looking forward to starting this programme in school in the near future!

YOUNGMINDS

We have directed staff and parents towards support available on the Young Minds website. This website has lots of information about a range of mental health difficulties, how to talk to your child about these issues and what support is available for you as parents.
<https://www.youngminds.org.uk/>

UPCOMING EVENTS

25/2/26 The Fear-Less Triple P programme, offering support for parents of children with anxiety at Aston Joint Services Centre. Email parenting@rotherham.gov.uk to register.

26/2/26 – Family Links workshop in school, run by Lynn from Early Help (postponed from previous advertised Coffee Club)

26/2/26- The 'Togetherness' (Solihull) parenting programme run by Early Help commences its 10 week programme. Please contact Family Help Workers Judith Sanders 07824436573 or Amanda Shutt 07748143333 for a chat or more information.

How can I support my child's Social, Emotional and Mental Health needs at home?

On the next page, there are a few strategies on how to speak to your child. These are taken from the Young Minds website.

As always, if you feel that your child requires some additional support in this area, please don't hesitate to get in touch with Mrs Leivers or your child's teacher.

This month, we held our SEND Coffee Club in school. Thankyou to the parents who were able to attend. This is a safe space to talk openly about the challenges we, as parents, face on a daily basis. There are always lots of tips and strategies to gain from the collective of parents who attend. We'd love to see more faces at the next event!

One tip shared at the last Coffee Club was the availability of a new sensory space at Meadowhall shopping centre. For more information on adaptations available at Meadowhall, please visit

<https://meadowhall.co.uk/news/autism-friendly-sessions>



USEFUL CONTACTS

SENDIASS: Special Educational Needs and Disability Information, Advice and Support Service www.rotherhamsendiass.org.uk

Rotherham Local Offer website www.rotherhamsendlocaloffer.org.uk

Rotherham Parent and Carers Forum – link up with other SEND parents for support
<https://www.rpcf.co.uk/>

Rotherham Early Help All families go through trying times at some point. Early Help staff will work with you at these times so that small problems don't get bigger.
<https://www.rotherham.gov.uk/family-support/early-help>